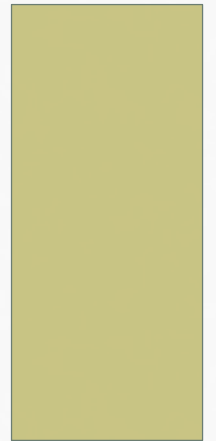


# CSTS- MENTAL HEALTH 101





# ACCESS/CRISIS SERVICES

AVAILABLE TO ALL WASHTENAW COUNTY RESIDENCE REGARDLESS OF FUNDING SOURCE OR  
CSTS ENROLLMENT

- 24/7 Phone Access
  - Linkage/referral to community resources
  - Crisis services linkage
  - Scheduling for CSTS eligibility determinations
- 24/7 Mobile Crisis Team
  - Crisis assessment, stabilization and level of care recommendations
  - Navigation of the mental health system
  - Linkage/referral to community resources and treatment providers
  - CSTS eligibility determinations
  - Inpatient screening and authorization (Medicaid/no insurance)

# CSTS ELIGIBILITY DETERMINATION PROCESS

- Criteria based (SMI/DD/SED)
- Priority populations (Medicaid and Urgent/Emergent)
- Medical necessity
- Level of care determination
- Waitlist
- Crisis stabilization, connection and support

# MEDICAID PROVIDER MANUAL

## ADMISSION CRITERIA

- Serious Mental Illness- SMI:
- A diagnosable mental, behavioral, or emotional disorder affecting an adult that exists or has existed within the past year for a period of time sufficient to meet diagnostic criteria specified in the most recent diagnostic and statistical manual of mental disorders published by the American Psychiatric Association and approved by the MDCH and that has resulted in functional impairment that substantially interferes with or limits one or more major life activities. Serious mental illness includes dementia with delusions, dementia with depressed mood, and dementia with behavioral disturbances, but does not include any other dementia unless the dementia occurs in conjunction with another diagnosable serious mental illness. The following are included only if they occur in conjunction with another diagnosable serious mental illness:
  1. A substance use disorder
  2. A developmental disorder
  3. A "V" code in the diagnostic and statistical manual of mental disorders

# PRIORITY POPULATIONS

- Medicaid Recipients
  - Includes HMP ( if they meet SMI criteria or have maxed out their 20 visits through their HMO)
  
- Urgent/Emergent criteria

# MEDICAL NECESSITY

## **Mental health, developmental disabilities, and substance abuse services and treatment:**

- Necessary for screening and assessing the presence of a mental illness, developmental disability or substance use disorder; and/or
- Required to identify and evaluate a mental illness, developmental disability or substance use disorder; and /or
- Intended to treat, ameliorate, diminish, or stabilize the symptoms of mental illness, developmental disability or substance use disorder; and/ or
- Expected to arrest or delay to progression of a mental illness, developmental disability or substance use disorder; and/ or
- Designed to assist the beneficiary to attain or maintain a sufficient level of functioning in order to achieve his goals of community inclusion and participation, independence, recovery, or productivity.

# MEDICAL NECESSITY CONT.

Using criteria for medical necessity, a PIHP may deny services that are:

- Deemed ineffective for a given condition based upon professionally and scientifically recognized and accepted standards of care;
- Experimental or investigational in nature; or
- For which there exists another appropriate, efficacious, less -restrictive and cost-effective service, setting or support that otherwise satisfies the standards for medically-necessary services



# LEVEL OF CARE DETERMINATIONS/WAITLIST/CRISIS STABILIZATION, CONNECTION AND SUPPORT

- Level of care determinations
  - LOCUS
- Waitlist
- Crisis Stabilization, connection and support



# PROGRAMS

Multi-disciplinary teams made up of case management, peer support specialists, nurses and prescribers.

Psychology, Health and Wellness Program, PORT, Jail and Courts

Two service sites:

Annex- Ann Arbor

Towner- Ypsilanti

# LEVELS OF CARE

- Programs are designed to delivery care consistent with LOCUS scores.
- Matching LOCUS with Level of Care is important to minimize transitions and unnecessary assessment.
- Care is determined through the Person Centered Planning Process (amount, scope and duration).

# TARGETED CASE MANAGEMENT

## CORE REQUIREMENTS

- Assuring that the person-centered planning process takes place and that it results in the individual plan of service.
- Identifying and addressing gaps in service provision.
- Coordinating services and supports with all providers, making referrals, and advocating.
- Assisting with access to programs that provide financial, medical, and other assistance such as Home Help and Transportation services.
- Coordination with the beneficiary's primary and other health care providers.

# TCM CONTINUED

## CORE REQUIREMENTS

- Coordinating and assisting the beneficiary in crisis intervention and discharge planning, including community supports after hospitalization.
- Facilitating transitions from inpatient to community services, school to work, dependent to independent living including arrangements for follow-up services.
- Assisting with crisis planning.
- Identifying the process for after-hours contact.

# COMMUNITY PARTNERSHIPS

- Avalon Housing
- Clubhouse
- Sobriety Court
- Mental Health Court
- Multiple Housing Support Organizations (eg. Synod, Renaissance)
- Substance Abuse Providers
- DHS
- Social Security
- Police Departments

# CO-OCCURRING SERVICES

- Diagnostic support
- Groups offered at all locations
- Motivational Interviewing Training in 2014
- Sobriety Court
  - Group leadership
  - Individual interventions

# QUESTIONS, COMMENTS

- Thank you.
- Please do not hesitate to call:
  - Lisa Gentz 734 545-2961
  - John Shovels 734 368-8464